



Award-winning schools are recognized with a framed certificate and award banner from USDA, their award listed on the Team Nutrition Web site, as well as monetary awards of: **\$500** for the **Bronze** award, **\$1,000** for the **Silver** award, **\$1,500** for the **Gold** award, and **\$2,000** for the **Gold of Distinction** award. Awards are certified for four years from the date of approval.

Arizona Schools Have The Edge!

Since the implementation of the Arizona Nutrition Standards, Arizona has higher nutrition standards than other states and many of these standards fulfill requirements of the HealthierUS School Challenge. This gives Arizona schools an edge because they are already one step closer to becoming a **Bronze**, **Silver**, **Gold**, or **Gold of Distinction** School!

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Recognizing Excellence in
Nutrition and Physical Activity



Join the Fight Against
Childhood Obesity!



Arizona Department of Education
John Huppenthal, Superintendent of Public Instruction

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What is the HealthierUS School Challenge?

Obesity has become an epidemic and our children are at great risk for developing this condition. A child with obesity is at a much higher risk for developing chronic diseases such as heart disease and diabetes. Schools are on the front lines in the battle against obesity. By teaching proper nutrition and physical education, schools provide children with the tools necessary to develop healthy, life-long habits.









The USDA's Food and Nutrition Service (FNS) established the **HealthierUS School Challenge (HUSC)** to encourage schools to implement nutrition education, improve the quality of foods served, and promote physical activity.

Schools that choose to take the challenge can be certified as either **Bronze**, **Silver**, **Gold** or **Gold of Distinction**, according to standards established by the FNS.

How do Schools Qualify?

To qualify a school must:

-  Be enrolled as a Team Nutrition School
-  Offer reimbursable lunches that demonstrate healthy menu planning practices and principles of the *Dietary Guidelines for Americans* and that meet USDA nutrition standards
-  Provide nutrition education to students
-  Provide students with physical education and the opportunity for physical activity
-  Maintain an Average Daily Participation of school enrollment for reimbursable lunches of:
 - Any for **Bronze** and 60% for **Silver** and 70% **Gold** and **Gold of Distinction** for elementary and middle schools
 - Any for **Bronze**, 45% for **Silver** and 65% for **Gold** and **Gold of Distinction** for high schools
-  Adhere to guidelines established by FNS for foods served/sold in schools outside the National School Lunch Program

Which Schools can Apply?

The Obama administration has extended the challenge to include elementary, middle and high schools!

Take the Challenge!

Step 1: Review the HUSC resources provided to assist you in completing the application by visiting the HealthierUS School Challenge website:

www.fns.usda.gov/tn/HealthierUS/index.html

Step 2: Convene a review panel

Step 3: Complete and print online application

Step 4: Obtain required signatures

Step 5: Send completed application to:

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